

# SPORTS SMARTWATCH USER MANUAL



Thank you for choosing our company's smartwatch. You can fully understand the use and operation of the device by reading this manual.

Our company reserves the right to revise this manual at any time without prior notice.

The product includes: a packing box, a manual, a host and a charger.

## 1. Smartwatch function description

### 1.1 Button description:

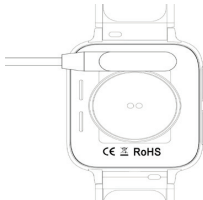


A: Short press to enter multi-sport mode

B: Long press to power on/power off, short press to return to the dial, short press to turn on/off the screen

### 1.2 Charging instruction:

Magnetic charging, as shown in the figure.



\*Please note that the two contacts of the charger cannot contact the conductor at the same time, which will cause the circuit to burn.

1.1 Stand by dial interface:

Swipe right to menu interface, (The menu function is the default smart style, enter the menu function, swipe up/down/left/right to view the menu function icon)

Swipe down to enter the pull-down menu, do not disturb mode, power-saving mode, Bluetooth call, brightness adjustment and other accelerator function

Swipe left to steps, heart rate, sleep record, weather and other accelerator function.

Swipe up to message interface

Long press the standby dial interface to swipe to switch the watch face, It is set successfully to long-press to select.

## 1.2 Push message

Swipe up on the standby interface to open the push message interface. Smartwatch binds the APP. Under the premise of opening notification authority, new messages in the notification bar of the mobile phone will be pushed to the smartwatch. A total of 15 messages can be saved, and the messages received after 15 messages will be overwritten one by one.

## 1.3 Pull-down menu

Swipe down to the standby interface to open the Pull-down menu

The first icon, turn on/off the do not disturb mode

The second icon, turn on/off the power-saving mode

The third icon, turn on/off the Bluetooth call

The fourth icon, adjust the brightness

The fifth icon, setting the accelerator function

The sixth icon, find the phone

Swipe from right to left, click the icon to view the Bluetooth name and version details

Swipe from right to left, click the second icon to quick to power off

## 1.4 Pedometer

The pedometer is turned on by default, the interface displays the current steps of the smartwatch, and the data is cleared at 12 o'clock a.m.

## 1.5 Sleep

Sleep monitoring time: 9 p.m. to 12:00 p.m. Chinese the next day. After the smartwatch generates data and exits sleep monitoring, the sleep data of the smartwatch will be synchronized to the APP with bind the APP.

## 1.6 Local Bluetooth music

Download the songs to the smartwatch through the data cable, enter the music interface and click to play the music. Can switch the song and adjust the volume. The speaker sound appears on the smartwatch (Don't need to connect APP and bluetooth call)

Only MP3 format is supported for songs, only standard quality music playback is supported



### 1.6.1 Remote music

After the APP Bluetooth is connected, the smartwatch music interface is adjusted to "phone mode", which can control the phone music. start/pause/previous/next, the speaker sound appears on the phone(don't need to connect the Bluetooth call)

### 1.7 Sports mode (walking、running、climbing、basketball、cycling、etc)

1.7.1 Select the corresponding exercise mode, tap the screen to enter the countdown 3,2 1 to enter the corresponding exercise mode directly; swipe right to the screen will jump to the end exercise interface, click



to end exercise and save the data.

1.7.2 When the distance is larger than 200 meters or the exercise time is larger than 5 minutes, the sports data can be saved; when the sport save is less than this condition, it will prompt "too little data to save" (Multi-sport sports data can save the current interface only, after quit, the sports data can only save step data)

### 1.8 Heart rate

Put the smartwatch on your (left/right) wrist correctly, enter the heart rate menu, you can measure the heart rate in a single time, the data will be output in 15 seconds, the data will be stable in about 30 seconds, the test will stop in 45 seconds, and the heart rate light will turn off after 2 seconds.

### 1.9 Blood Pressure

Wear the smartwatch correctly on your left/right wrist, enter the blood pressure menu, and you can measure blood pressure for a single time.

### 1.10 Blood oxygen

Wear the smartwatch correctly on your left/right wrist, enter the blood oxygen menu, and you can measure blood oxygen for a single time.

### 1.11 ECG

Wear the smartwatch correctly on your left/right wrist, enter the ECG menu, and you can measure ECG for a single time. The data will be saved on the APP.

### 1.12 Stopwatch

Click the stopwatch to enter the timing interface, click the start icon to start the timing, can save 8 times measuring data, click the icon again to pause. Swipe right on the screen to exit, enter the stopwatch again. The previous timing is cleared and restarts timing.

#### 1.13 Find phone

After the smartwatch is bind to the app, click to find the phone on the smartwatch, the phone will vibrate or ring tones.

#### 1.14 Setting

##### 1.14.1 Sedentary reminder

The switch is off by default. After connecting to the APP, The turned on/off function of the APP can control the turned on/off function of the smartwatch.

##### 1.14.2 Raise hand to brighten the screen

The switch is off by default. After connecting to the APP, The turned on/off function of the APP can control the turned on/off function of the smartwatch.

##### 1.14.3 System

- 1) Check the smartwatch's Bluetooth name, Bluetooth address and version number.
- 2) Restore factory settings, click the factory reset, the smartwatch restore to the factory state.
- 3) Shut down, click the shutdown button, the smartwatch will shut down.

##### 1.14.4 The screen display is divided into the following functions

- 1) Click to adjust the switch dial
- 2) Long press to enter the dial selection function, swipe left and right to switch
- 3) Brightness adjustment, click to adjust the screen brightness
- 4) Screen duration, click to adjust the screen duration
- 5) Turn wrist duration, click to adjust the Turn wrist duration

##### 1.14.5 Language selection

Click to switch the smartwatch language

##### 1.14.6 Menu style

Click to select the type of menu style

1.14.7 QR code

Scan QR code to download APP

1.14.8 Vibration

Click to adjust the vibration intensity

1.1.5 Call

1) Call record: can save the connected phone's call records(Up to 10 call records can be saved, when 10 records are full, it will be overwritten one by one.Click any call record to call back)

2) Frequent contact: Connect the APP, and select the frequently contacts to add on APP(Up to add 10 contacts)

3) Telephone dial: Enter the phone number to make a call after connecting the APP.

4) Call Bluetooth, half an hour is not used will automatically close, use again, Bluetooth will automatically connect

二. Bind APP

1. The method of download APP



1.1 Scan the QR code to download

2 Search from the application market to download

Android side:

Search FitcloudPro in the app market such as app treasure, pea pod, and Google play to download  
IOS side:

Search for FitcloudPro in the APP Store to download

Android phones: FitcloudPro is installed and the application icon is as shown in the figure:



iPhone: FitcloudPro is installed and the application icon is shown in the figure:

### 3 Bind the Bluetooth



#### 3.1 Not connected state:

After the smartwatch is power on, the Bluetooth is always in the searched state. After opening the APK/APP, go to Device>Add Device>Click Start Search, select and click the corresponding name of the smartwatch device to bind the smartwatch to the app successfully.



#### 3.2 Bind app status:

Watch time synchronization: The smartwatch is successfully bound to the app. Click to synchronize the time and time format of the smartwatch and the phone.

### 3.3 Search device

The smartwatch is successfully bound to the APP, click to find the smartwatch on the APP, and the smartwatch will vibrate once.

### 3.4 Data synchronization

The smartwatch is successfully bound to the APP, and the health data of the smartwatch can be synchronized to the APP; when you open sleep, and steps, you can successfully click to select the date. Click the icon in the upper right corner to successfully share the current interface data to QQ, WeChat, WeChat friends, Sina Weibo, Twitter.

### 3.5 News push

The smartwatch and the APP are successfully bound, open the corresponding notification permission in the phone system. Enter the APP to the more-notification application, and open the corresponding third-party application.

#### 3.5.1. Call notification:

Open call notification in the personal application. When the phone receives a call reminder, the smartwatch will light up and shake.

#### 3.5.2. Information notification:

Open information notification in the personal application. When one/multiple messages are received on the phone, the smartwatch will receive one/multiple message reminders at the same time.

#### 3.5.3. Other application message notification:

Turn on the corresponding application message notification in personal applications, such as WeChat, QQ, Facebook, Twitter and other applications. When the phone receives one/multiple application message notifications, the smartwatch will simultaneously receive one/multiple corresponding message reminders Notice;

### 3.6 WeChat movement

Smartwatch's sports data can be synchronized to the ranking list of the WeChat movement.

Method of binding:

On the Android side, it is recommended to bind the app first and then enter the WeChat binding. There have an operation method in the app.

On the IOS side, Enter the Wechat public account》 click on the upper right corner of the details》 data source》 add data source》

3.7 Apple Health》 After setting, you can view the data of FitcloudPro on Apple Health

3.8 Drink water reminder

Set the start to end time period and frequency (minutes) in the APP, click to enter the repeat setting to select the drinking reminder date (week), check the drinking reminder and save it. When it is time to remind to drink water, the smartwatch will vibrate and there will be a drinking water icon.

3.9 Sedentary reminder

Set the start to end time period and the sedentary time interval (minutes) in the APP, and click to enter the repeat setting to select the sedentary reminder date (week). When the sedentary time is reached, the smartwatch will vibrate and there will be a sedentary icon, 12:00 o'clock at noon to 14:00 p.m. is do not disturb mode.

3.10 Unbind

Bind the smartwatch to the app, click to unbind the device and click OK to unbind, the IOS system needs to go to the settings to ignore the Bluetooth device

3.11 Push watch face

Connect to the APP, and go to Device>Dial Settings>Click Dial>Sync Dial, the smartwatch will disconnect and then automatically connect.

3.12 Customize dial

Connect to the APP, go to Device>Dial Settings>Click Dial Settings>The first dial can choose to customize the background/time style/time position of the dial. After the dial is synchronized, the smartwatch will be disconnected and then automatically connected.

●Frequently asked questions and answers

\*Please avoid exposing the device to extreme temperatures that are too cold or too hot for a long time, which may cause permanent damage.

\*Why can't I take a hot bath with my watch?

The temperature of the bathwater is relatively high, it will produce a lot of water vapor. The water vapor is in the gas phase, and its molecular radius is small, and it is easy to seep in from the gap of the smartwatch case. When the temperature drops, it re-forms into liquid water droplets, which is easy to cause The internal circuit of the smartwatch is short-circuited, which damages the circuit board of the smartwatch and damages the smartwatch.

\*No power on, no charging

If you receive the smartwatch that does not turn on, it may be that a collision occurred during the transportation of the smartwatch and the battery Seiko board was protected, so plug in the charger to activate it.

If the battery is too low, or the smartwatch does not turn on after a long time without using the smartwatch, please plug in the charger and charge for more than half an hour to activate.

Warranty description:

1. When this product is in normal use, if there are product quality problems caused by manufacturing, materials, design, etc.,

Starting from the date of purchase, the motherboard is guaranteed for free within one year, and the battery and charger are guaranteed for half a year.

2. No free warranty is provided for failures caused by the user's personal reasons, as follows:

1). Failure caused by unauthorized disassembly or modification of the watch.

2). Failure caused by accidental falls during use.

3). All person-made, faults and misuses of a third party (such as water in the host, external force cracks, scratches, damage to peripheral components, etc.) are not covered by the warranty.

3. When requesting a free warranty, please provide a warranty card with the date of purchase and the stamp of the place of purchase.

4. When the user repairs the product, please take the product to our company or our company's dealership.

5. All functions of the product are based on physical objects.

Purchase date:

IMEI code:

Purchase store:

Customer signature:

Sales clerk signature:

Store stamp: